



www.TomBarnesFineArt.com

# NO FRILL Bar and Grill

## APPETIZERS

CREAMY ARTICHOKE DIP - Served with herbed pita wedges 7.99

BBQ RIB APPETIZER - With corn salsa, hot corn bread 9.99

BEER-BATTERED ONION RINGS - Chipotle ranch dipping sauce 7.99

HOMEMADE HUMMUS - Housemade hummus, fresh veggies, pita points 7.59

\*SEARED TUNA SASHIMI - Asian slaw, wasabi, pickled ginger 9.99

GRILLED PORTABELLA - Sautéed baby spinach, onions, tomatoes, sun-dried tomato pesto, Provolone cheese over herbed crostinis drizzled with balsamic glaze 8.99

BUFFALO SHRIMP - Crispy butterflied shrimp tossed with buffalo sauce, bleu cheese, celery 10.99

BUFFALO CHICKEN TENDERS - Crispy chicken tossed with buffalo sauce, bleu cheese, celery 8.99

NACHOS - Our famous chili, corn chips, cheddar Jack, pico de gallo, lettuce, black olives, jalapenos, sour cream, salsa 10.99 Grande 14.99

CHICKEN NACHOS - Seasoned chicken, black beans, corn chips, cheddar Jack, pico de gallo, lettuce, black olives, jalapenos, sour cream, salsa 10.99 Grande 14.99

VEGETARIAN NACHOS - Black beans, corn chips, cheddar Jack cheese, pico de gallo, lettuce, black olives, jalapenos, sour cream, salsa 9.99 Grande 13.99

## SALADS

Homemade Dressings: Parmesan Pepper, Bleu Cheese, 1000 Island, Raspberry Vinaigrette, Red Dragon, Remoulade, Chipotle-Buttermilk Ranch, Sesame-Orange-Ginger Vinaigrette, Balsamic Vinaigrette, Honey Mustard

SPOTSWOOD SALAD - Baby spinach, Granny Smith apples, bleu cheese crumbles, bacon, caramelized almonds & raisins, red onions, radishes, cucumbers, red peppers, mushrooms, tomatoes, pita wedges 11.59

CLASSIC GREEK SALAD - Crisp torn hearts of Romaine, kalamata olives, feta cheese, artichokes, sundried tomatoes, cucumbers, red onions, roasted red and pepperoncini peppers, croutons, red wine vinaigrette 11.99

ASIAN PORTABELLA SALAD - Teriyaki grilled mushrooms, mixed greens, roasted red peppers, mandarin oranges, red onions, crispy wonton strips, sesame-orange-ginger vinaigrette 10.59

CAESAR SALAD - Torn hearts of romaine tossed in our Caesar dressing, Asiago cheese, croutons 8.99 large 4.99 small

FIELD GREEN SALAD - Mixed greens, tomatoes, cucumbers, red onions, radishes, carrots, peppers, mushrooms 4.59

FUNKY CHICKEN SALAD - Grilled chicken, mixed greens, fresh veggies, bacon, Swiss cheese, pita wedges 12.59

\*TERIYAKI & SESAME GRILLED TUNA - Yellow Fin Tuna grilled and marinated, mixed greens, fresh veggies, corn & black bean salsa, pita wedges 13.99

\*LONDON BROIL SALAD - Marinated flank steak, mixed greens, fresh veggies, corn & black bean salsa, pita wedges 13.99

CRISPY CHICKEN SALAD - Crispy chicken tenders, mixed greens, vegetables, corn & black bean salsa with shredded Cheddar cheese 11.59

SESAME SHRIMP SALAD - Fried butterflied shrimp, mixed greens, veggies, mandarin oranges, crispy wontons, red dragon dressing 15.59

\*GRILLED SALMON SALAD - Grilled salmon, mixed greens, goat cheese crumbles, walnuts, tomatoes, cucumbers, mandarin oranges, raspberry vinaigrette dressing, pita wedges 16.99

CHICKEN SALAD PLATE - Homemade white meat chicken salad, mixed greens, tomatoes, mandarin oranges, fresh veggies, pita wedges 12.59

CALAMARI SALAD - Torn hearts of romaine, chipotle ranch dressing, tomatoes, corn & black bean salsa, crispy fried calamari 14.59

### ADD YOUR CHOICE TO THE ABOVE SALADS:

Grilled Chicken 3.99 • Calamari 4.99 • \*Grilled Tuna 5.99

\*London Broil 5.99 • Shrimp 5.99 • \*Salmon 7.99

## PITAS

Served with choice of side; Substitute choice of side. House Salad \$2, Cup of Soup \$1.50, or Onion Rings \$3

\*GRILLED PITA QUESADILLAS - Roasted peppers, mushrooms, onion, tomato, cheddar Jack cheese, salsa, sour cream, corn & black bean salsa 6.99 Add your choice of: Grilled Chicken 3.99 • \*Grilled Tuna 5.99 • Shrimp 5.99 • \*London Broil 5.99

SUPER VEGGIE PITA - Fresh chopped veggies, leaf lettuce, cheddar Jack cheese, alfalfa sprouts, Parmesan pepper 7.99 Add hummus 2.59

GRILLED CHICKEN PITA - Grilled sliced chicken breast, lettuce, tomato, Parmesan pepper 9.59

\*TERIYAKI GRILLED TUNA - Toasted sesame seeds, corn & black bean salsa, Parmesan pepper, lettuce, tomato 10.99

\*LONDON BROIL PITA - Chargrilled marinated flank steak, corn & black bean salsa, remoulade sauce, lettuce, tomato 10.99

SEE THE SPECIALS MENU FOR THE **PANINI** OF THE DAY AND **DAILY FEATURES**

WWW.NOFRILLGRILL.COM



Gluten Free Menu Available Upon Request.

\*Consuming raw or undercooked meats, poultry, seafood or shellfish may increase your risk of foodborne illness.

Gratuity may be added to parties of 8 or more.

## SOUPS

BAKED FRENCH  
ONION SOUP

Au gratin with garlic croutons  
Bowl 5.59

FAMOUS CHILI

Smothered with  
cheddar Jack cheese and  
served with corn bread  
- sour cream on request -  
Cup 3.99  
Bowl 5.59

SOUP DU JOUR

Cup 3.29  
Bowl 4.59

# SANDWICHES

Served with a crisp pickle spear, plus a choice of side. Substitute choice of side: House Salad \$2, Cup of Soup \$1.50 or Onion Rings \$3

**FUNKY CHICKEN SANDWICH** - Grilled chicken breast, bacon, tomato, melted Swiss cheese, Parmesan pepper dressing, grilled rye 10.59

**SHRIMP PO'BOY** - Crispy fried shrimp, toasted sub roll, shredded lettuce, tomato, remoulade sauce 11.59

**CRAB CAKE SANDWICH** - Homemade crab cake, lettuce, tomato, remoulade, kaiser roll 12.99

**CAJUN GRILLED CATFISH** - Grilled sourdough, lettuce, tomato, Parmesan pepper dressing 10.99

**FRENCH DIP** - Sliced top round, fresh baked sub roll, Swiss cheese, caramelized onions, au jus, Dijon horseradish sauce 10.99

**OUR REUBEN** - Corned beef, Swiss cheese, sauerkraut, 1000 Island dressing, grilled rye 9.99

**CALI REUBEN** - Turkey, Swiss cheese, cole slaw, 1000 island, spicy brown mustard, grilled sourdough 9.99

**VEGETARIAN REUBEN** - Grilled tomato, Swiss cheese, sauerkraut, 1000 Island, grilled rye 7.99

Add Veggie Patty 2.99

**PHILLY CHEESE STEAK** - Shaved ribeye, grilled onion, American cheese, fresh sub roll 10.59

**BBQ SANDWICH** - Hand-pulled BBQ pork, toasted bun, BBQ sauce, cole slaw 9.99

**TURKEY FLATBREAD** - Turkey breast, melted Cheddar Jack cheese, bacon, dijonaise, lettuce, tomato, onion 10.59

**TUNA MELT** - Grilled tuna salad, American cheese, on your choice of bread 7.99 With bacon and/or tomato 9.99

**TUNA SALAD SANDWICH** - Homemade tuna salad, lettuce, tomato, mayo, onion, on your choice of toasted bread 7.99

**CHICKEN SALAD SANDWICH** - Homemade chunky white meat chicken salad with lettuce and tomato on your choice of toasted bread 10.99

**CLUB SANDWICH** - Turkey, Corned beef, Swiss cheese, bacon, lettuce, tomato, mayo, on your choice of toasted bread 10.99

Bread Choices for above four sandwiches

White • Wheat • Rye • Sourdough  
(Gluten Free Bread - Add \$2.00)

# BURGERS

Our 100% Ground Chuck, Half Pound Burgers are served with lettuce, tomato, onion and crisp pickle spear, plus a choice of side. Substitute choice of side: House Salad \$2, Cup of Soup \$1.50 or Onion Rings \$3

\* **HAMBURGER** - 8.99

\* **CHEESEBURGER** - American cheese 9.99

\* **SPOTSWOOD MELT** - Bacon, grilled onions, Swiss and American cheeses on grilled sourdough 11.59

\* **OVER THE TOP BURGER** - Fried egg, Canadian bacon, American cheese, beer battered onion ring 11.99

\* **BACON CHEESEBURGER** - Thick cut bacon, American cheese 11.59

\* **MUSHROOM CHEESEBURGER** - Sautéed mushrooms, American cheese 10.59

**GARDEN VEGGIE BURGER** - Provolone cheese, sun-dried tomato aioli 8.99

# PLATTERS

**FAMOUS MEATLOAF** - Boilermaker sauce, mashed potatoes, string beans, beer battered onion rings, corn bread 14.99

**CRISPY CHICKEN BURRITO** - Southern fried chicken tenders, herbed rice, cheddar jack cheese, caramelized onions, topped with enchilada sauce, shredded lettuce, pico de gallo, sour cream, on bed of black beans 13.59

**SHRIMP & GRITS** - Pan seared shrimp, andouille sausage, green onions, red peppers, cherry tomatoes, cheese grits, herbed crostini 16.99

**PORTABELLA PASTA** - Penne pasta, wilted baby spinach, provolone, sun-dried tomato garlic pesto, roasted red peppers, onions, tomatoes, herbed crostinis 14.59  
Add Grilled Chicken & Andouille Sausage 4.99

\* **FISH TACOS** - Grilled Mahi, Baja sauce, shredded cabbage, queso cheese, salsa verde, Pico de Gallo, black beans and rice 14.59

**FISH & CHIPS** - Fried flounder, Old Bay fries, homemade coleslaw, remoulade sauce 16.99

**CRAB CAKES** - Made fresh daily, corn & black bean salsa, remoulade, corn bread, two sides 18.99

**SEAFOOD TRILOGY** - Homemade crab cake, fried jumbo shrimp, flounder or Cajun grilled catfish, corn & black bean salsa, remoulade, corn bread, two sides 19.99

\* **GRILLED RIBEYE** - 12 ounce grilled ribeye, broccoli florets, mushroom jus, shoestring fries 19.99

**PASTA BAKE** - Penne pasta, marinara sauce oven baked with Parmesan and assorted cheeses, herbed crostini, and a field green salad 13.99 Add Chicken 3.99

\* **SALMON** - Fresh Atlantic Salmon, herbed rice, asparagus, light white wine butter sauce with corn bread 17.99

**AWESOME GRILLED CHICKEN** - Boneless chicken breast, roasted red peppers, fresh basil, balsamic glaze, goat cheese served over Mediterranean quinoa salad with sautéed broccoli 14.59

**ROADHOUSE RIBS** - Whole rack of our famous baby back ribs, corn & black bean salsa, corn bread, two sides 19.99

# SIDES

À la carte \$2.99

Crinkle Cut Fries • Mashed Potatoes • House Cole Slaw  
Black Beans • Potato Salad • Corn & Black Bean Salsa  
Mac & Cheese • Applesauce • Pasta Salad  
Sautéed String Beans • Sautéed Spinach  
Mediterranean Quinoa Salad

# KIDS MENU

Includes choice of side

Chicken Fingers 5.59	Hamburger Platter 3.99
Turkey Sandwich 4.59	Cheeseburger Platter 4.59
Grilled Cheese 3.99	Tuna Salad Sandwich 4.59
Mac & Cheese (no side) 3.99	

# BEVERAGES

Pepsi • Diet Pepsi • Sierra Mist • Dr. Pepper • Ginger Ale • Mountain Dew • Lemonade • Iced Tea (Sweet & Unsweet)  
Flavored Iced Teas (Raspberry, Mango or Peach) • Perrier • Bottled Root Beer • Fiji Bottled Water  
Hot Tea • Segafredo Coffee • Milkshakes (Chocolate or Vanilla)



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